

An introduction to understanding Dementia

Wednesday 28th July, 7:30pm

(Zoom session opens from 7pm)

Dementia is a word that we all fear and as we live longer there is an increasingly strong likelihood that one of us will be affected by dementia whether directly or indirectly.

What do we do when ourselves or a loved one get told that they have the 'D' word? Fear of something comes through a lack of knowledge and understanding. So, let's begin to understand Dementia and gain that knowledge.

During this session we will have a closer look at Dementia, discuss the changes that may occur in a person's brain with regards to communication and perception and how to support people through these, and to give opportunity for anyone to share their own experience.

Finally, we will look at various tools that can be used to support a person with Dementia and help their families and carers to gain an insight into their world.

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